



Whistler Gymnastics-Pemberton Club 2025-2027

Sea to Sky Performance Team World & National Gymnaestrada Schedules

Sea to Sky Performance Team - 2025-2026 (National's) - June 30th-July 4th, Regina Sask.

Canadian Gymnaestrada is a spectacular event held every four years, uniting gymnasts from coast to coast. Over four days, participants celebrate through dynamic performances, from indoor showcases to lively outdoor city displays. The event's opening ceremonies, creative routines, and closing gala embody Canada's diverse culture and musical heritage, offering a truly unforgettable experience of artistry and unity. BC Gymnaestrada Delta-Richmond Oval May 1-3.

Registration commitment By October 3, 2025

TBC Practice Dates: All practices are Mandatory! Sept, 21 W2:00-4:00 Oct 5W 1:00-4:00 Oct 17--friday review during practice Nov 2W 1:00-4:00 Nov 30W 2:00-4:00 Dec 14W 2:00-4:00 Jan 4W 2:00-4:00 Jan 16-friday review during practice Feb 1W 2:00-4:00 Feb 20-friday review during practice Mar 1W 2:00-4:00 Mar 29W 2:00-4:00 * TBC Apr 12W 2:00-4:00 & Apr 26W 2:00-4:00 May 1-3- BC Provincials, Delta May 24W 2:00-4:00 Jun 7W 2:00-4:00 Jun 21W 2:00-4:00 Jun 30-4th-Canadians,Regina Parent meetings: Will be online at various times of year.	Sea to Sky Gymnaestrada Team Practices	Sundays-2:00-4:00 Whistler 14 practices	\$515yr Credit card is required on file	9 monthly payments available October 2025-June 2026 The 15th of every month
	National Gymnaestrada Fees	Canadian National Gymnaestrada Regina Sask.- June 30th-4th, 2026	Approximately \$650 including Costume/uniform/team backpack*reuse for worlds. fees for Provincials and Canadians: Does not include Accommodations and Travel fees (flight/accommodation)	8 monthly payments November 2025-June 2026 The 15th of every month

Important notes:

Team Manager is Catou Tyler, Team Coach is Cathy Benns

Communication; gymnaestrada@whistlerymnastics.com

- Classes and displayed rates are subject to change, based on enrollment & availability. Uplifter calendar has updated class days and times.
- All practices are mandatory (if a little unwell, please wear a mask and watch from the side) This is a world team and athletes must make this a priority. Every training a member is missing, it is difficult for the team to practice effectively.
- **AGES:** National and world events are very busy with long days. Recommended ages for the World program are athletes born 2012 and older. Please email if born 2013 and younger, parents must participate in delegation (supporter or participant) and be in charge of their own child. Chaperoning will not be provided for those 13 years of age and younger. Some exceptions might be made for a friend's parent to chaperone another child at worlds. Please note younger athletes might have a smaller role in performance.
- This is a world performance, please note that not all performance roles will not be the same as others.
- Practices will be a lot of repetition of the same routine, please make sure your athlete is aware. A positive attitude to all training helps the whole team!
- Whistler Gymnastics and Gymnastics Canada can dismiss any participant from the program for inappropriate behaviour or not following rules or procedures.
- All paperwork and deadlines must be completed on time or the athletes will run the risk of being disqualified from the team. Gymnastics Canada is very strict on this and it does not reflect well on the club.
- All Communication to Gymnastics Canada must be through the Team manager only! Do not contact them directly.
- Looking for **Gymnaestrada fundraising committee members**, Email gymnaestrada@whistlerymnastics.com if you are interested in helping. Last Worlds, we raised \$37,000 to reduce team fees. We were able to cover almost all the athletes fees!
- Looking for volunteers to look into team flights, team hotels, and head a fundraising effort.



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Sea to Sky Performance Team

World & National Gymnaestrada Schedules

Sea to Sky Performance Team -2026-2027 (World's) July 10-17th- Lisbon, Portugal				
Every four years, the world gathers for the ultimate celebration of Gymnastics for All! The World Gymnaestrada welcomes over 20,000 participants for a week-long extravaganza of group performances, educational forums, and the iconic FIG Gala. Beyond the routines, it's a place to build friendships, embrace cultures, and celebrate the universal joy of movement. This global festival inspires and unites the gymnastics community like no other!				
Tentative Practice Dates: Sept, 13 & 20 Oct 4 & 18 Nov 1 & 15 & 29 Dec 13 Jan 10 & 24 Feb 7 & 21 Mar 7 Apr 4 & 18 May 2 & 16 & 30 Jun 6 & 20 & 27 July 4 Meet Dates: World Gymnaestrada Lisbon, Portugal, July 11-17th Parent meeting: Sunday, Sept 13th, 2:45	Sea to Sky Gymnaestrada Team Practices	Sunday 2:00-4:00 22 practices	\$500/yr + \$58 yearly membership/insurance fee Credit card is required on file	12 monthly payments of \$45.50 for July 2026 to June 2027
	World Gymnaestrada Fees -Participant *Ages 14-Adult *younger ages must apply. notes below	July 10-17th	Approximately \$3600-4000 Accommodation, some meals, team canada uniform, costume Travel flights extra	\$ 300 12 monthly payments July 2026-June 2027 *last worlds we fundraised to cover these costs..
	World Gymnaestrada Fees - Parent Supporter *	July 11-17th	Approximately \$2250-3000 Accommodation, optional meals plans Travel fees extra	payment plan tbd. July 2026-June 2027

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- *Final Schedule for 2026-2027 will be determined in summer of 2026*
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- **AGES:** National and world events are very busy with long days. Recommended ages for the World program are athletes born 2012 and older. Please email if born 2013 and younger, parents must participate in delegation (supporter or participant) and be in charge of their own child. Chaperoning will not be provided for those 13 years of age and younger. Some exceptions might be made for a friend's parent to chaperone another child at worlds. Please note younger athletes might have a smaller role in performance.
- Open to adults as well, parents can be part of the show too.
- This is a world performance, please note that not all performance roles will not be the same as others.
- Practices will be a lot of repetition of the same routine, please make sure your athlete is aware. A positive attitude to all training helps the whole team!
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